SWISS MILITARY – HANOWA AUTOMATIC (SELF-WINDING) WATCHES - INSTRUCTION MANUAL

Like any other detailed mechanical device, your watch needs fine-tuning. In order to protect your Investment and keep it in good working order, it is advised that you take note of the following points.

Normal sports activities will not affect a watch's integrity, however any type of violent shock may upset the movement and the watch's ability to keep correct time. If you have a SELF WINDING watch and have not worn it for 24 hours or more, it should be wound about 20 times to replenish its power reserve. Adjust the calendar on your watch only when the hour hand is below the 2 and 10 markers. Changing the date with the hands close to the 12 marker could damage gears in your watch. The watch head should be cleaned with a soft cloth and water only. Metal bracelets should be cleaned with a soft brush and warm soapy water.

WINDING:
In the crown Position 0, wind the watch about 20 times. This will power the mainspring of your watch. The rotor will continue to wind the watch as you wear it and keep the watch going. The watch has a power reserve of 38 hours.

SETTING THE TIME:
For correction of hours, minutes, and seconds, pull the crown out to Position 2. Set the correct time by rotating the crown forwards or backwards. The second hand remains still in crown Position 2. The seconds can be synchronized with the official time signal by pushing the crown back to Position 0.

FOR WATCHES WITH DATE DISPLAY:
Adjust the date on your watch only when the hour hand is below the 2 and 10 markers. Pull the crown out to Position 1 and turn it to the desired date.